

## STUDYING & TIME MANAGEMENT

College classes can be overwhelming due to the size of the classes and the demand of schoolwork. <u>Don't worry-- there's help!</u>

Pirate Tutoring Center holds <u>Study Skills Sessions</u> to assist students in learning how to study at a large university like ECU.

Get to know your professors! Not only will they help you with understanding the material, they may be able to assist you later down the road if any emergencies occur.

<u>Use a planner, phone calendar, or dry erase board to manage your time. Plan your tests, assignments, meals, and sleep. It may seem silly now, but maintaining regular sleep is essential to daily functioning.</u>

## **DECIDING ON A MAJOR**

For those students who are unsure of what major they would like to pursue, please visit <u>Career Services</u>.

They can help you decide on a major based on your interests, values, and personality. They will show you what jobs are available, how much the yearly income is, and how many years of education you will need for that career.

If you're unsure of the major you've chosen, please consult with the career center or your academic adviser with any questions/concerns.

